




Quick Reference Sheet

RESmart® CPAP & Auto-CPAP

Reviewing Sleep Data

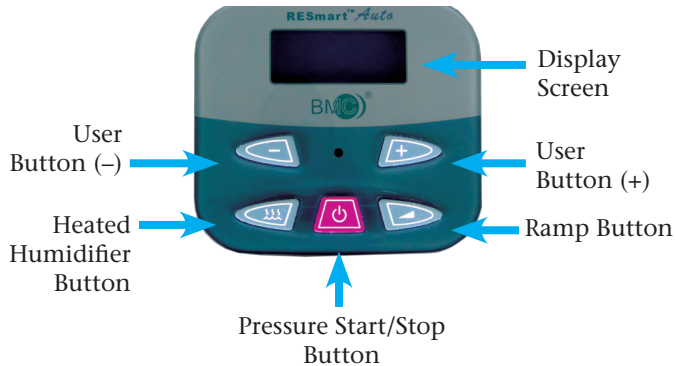
The RESmart® allows review of the prior night's sleep data. To access your data, make sure that the blower is not running by pressing the start/stop button.

Press the Ramp Start button  and scroll through the display using the +/- buttons. The data displayed consists of completion time (Compl), 95th percentile of the airway pressure over time (P95), apnea-hypopnea index (AHI), and snore index (SNI).


Retrieving your iCode® String

Access the iCode® string by pressing the humidifier button. Repeatedly pressing the humidifier button steps through all iCode® values (1-day, 7 day, 30 day, etc.).

Patient Menu Set-Up



To Enter the Patient Option Menu:

Press the Ramp  button for 3 seconds

To Select an Option:

Press the Ramp button once. The cursor will blink, and values may be changed using the User buttons +/- . **Quickly press and release user buttons.**

To Confirm a Setting:

Press the Ramp button again and the cursor will stop blinking

To Advance to the next Option:

Press the User + or - button to move through the Patient Menu

To SAVE Menu Selections:

Press the Ramp button when the display screen prompts "SAVE"

NOTE: Changes to any options will be final only when you have confirmed them by pressing the RAMP button when you are at the SAVE screen.



SETTING OPTIONS:

Heater

HEATER: When the optional heated humidifier is used, this setting can change the temperature and humidity of airflow between level 0 to 5, ranging from lowest to highest setting.

Altitude

ALTITUDE: The RESmart CPAP and Auto-CPAP devices are auto adjusting. The device may be optimized at higher altitudes by setting the altitude as follows:

Auto On

0 - less than 2,460 feet

Auto Off

1 - 2,460 to 4,921 feet

Light

2 - 4,921 to 8,202 feet

Alert

AUTO ON: Auto On is a setting to enable an inspiration trigger on the device. The device will start airflow immediately after a breath is taken wearing a mask. Options are ON or OFF. Default setting is ON.

Reslex

AUTO OFF: When the mask is removed, the device will stop airflow automatically. Options are ON or OFF. Default setting is OFF

Ramp Time

LIGHT: The LCD light may be set to remain on always, remain dimmed, or automatically go bright when a button is pressed and remain bright for a few seconds. Options are ON, OFF, and AUTO. Default setting is AUTO.

Date

Use Days

ALERT: The audible alert for leak and power off may be enabled or disabled. Default setting is OFF.

Save

RESLEX™: RESlex™ refers to BMC's exhalation relief feature, standard on all models. Exhalation relief allows a pressure drop during exhalation for patient comfort. Available options range from 0 to 3, with 3 affording the greatest exhalation pressure relief. Default setting is 0.

RAMP TIME: This setting is the ramp timer from starting pressure to prescription pressure. Setting range is 0-60 mins with an adjustment step of 5 min.

DELAY OFF: When the integrated heated humidifier is used, this setting allows the air flow to continue for an additional 15 minutes at very low pressure after the unit is turned off. This option is intended to dry off moisture, extend the operating life of the device by reducing humidity, and dry out tubing. Options are ON or OFF. Default setting is OFF.

SETTING THE DATE: The current date is displayed and can be modified if necessary.

SETTING THE TIME: The time can also be set by this option and is in 24 hours format. It is important to set the correct time as this will impact accuracy of sleep reports.

USE DAYS: Use days refers to the number of days compliant (i.e. days where device use > 4 hours). This is for quick reference only.

SAVE: Press Ramp ◀ button to confirm the saving of all selections.