

# QUICK GUIDE TO SUPPLY REPLACEMENT

Welcome to your new CPAP!

Replacing supplies at recommended intervals will increase your comfort and your machine's performance. The following information is based on Medicare guidelines; your individual insurance may have different recommendations.



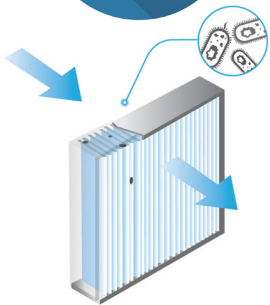
## Every 30 Days:

### **Mask Cushion and Nasal Pillow:**

Even with routine cleaning, these parts can show wear and tear over time. Deterioration of cushions can contribute to leaks, discomfort and even skin irritation.

### **Machine Filters:**

These serve to filter dust and particles from your room air. Filters become dirty and clogged over time and should be changed per manufacturer instruction. Generally every two weeks.





## Every 90 Days:

### **Tubing:**

Tubing can tear, especially where the tube connects to your CPAP. This can cause a reduction in your prescribed pressure or improper operation of your device.



## Every 180 days:

### **Headgear and Chin straps:**

Can lose their elasticity and stretch over time

### **Water Chambers:**

Can become filmy and cloudy due to minerals in water and other environmental conditions.

