

# V-Com™ Patient Information

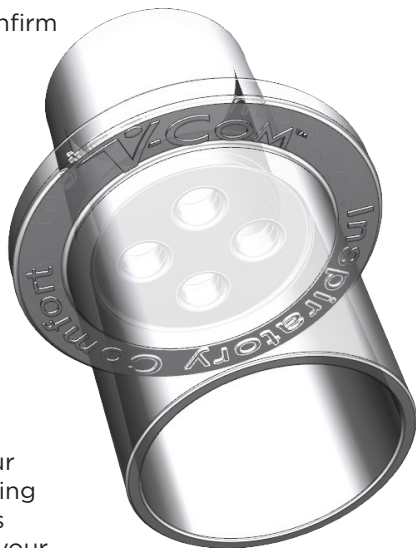
Whether you are struggling to become compliant with your therapy or simply seeking out a way to make therapy more comfortable, you have come to the right place! The V-Com™ is an exciting innovation in PAP therapy designed to make breathing on a CPAP more comfortable.



## Caring For Your V-Com™

### How to Use the V-Com™

1. Before you begin, confirm your PAP device is turned off.
2. Remove the V-Com™ device from the package and attach it to the hose between your PAP device and the mask.
3. Verify all fittings are secure before turning on your PAP device.
4. You're all set! Put your mask in place according to the manufacturer's instructions, turn on your machine and get a good night's sleep!
5. Clean your V-Com™ device after each use or each 24-hour period per the instructions below.
6. If you want to use V-Com™ long term, it should be replaced every 3 months (similar to hoses, masks, etc.)



### Cleaning the V-Com™



Keeping your CPAP equipment clean is an extremely important part of therapy. This includes keeping your V-Com™ clean. Cleaning the V-Com™ device is simple and takes just a few minutes. Your V-Com™ should be cleaned every 24 hours or after each use.

1. Remove the V-Com™ from your mask circuit
2. Inspect the V-Com™ for any damage including cracks or other damage. If your V-Com™ device is damaged, it should be replaced before using. This includes checking to be certain that the airflow is not impeded.
3. Wash your V-Com™ with soap (e.g., Liquid dish soap) and water inserting a small, bristled brush in both ends of the V-Com™ device to penetrate and clean the complete airflow path. Twist the brush several times. Small Bristled brushes can be found in retailers such as target or online from Amazon and similar retailers. Do NOT place the V-Com™ device in the dishwasher. This may damage or destroy the V-Com™ device)
4. Let the V Com™ Completely air dry
5. Once the device is completely dry it may be placed back into the mask circuit.



# Q&A

## Q: Do you need a prescription for the V-Com™?

A: While the V-Com™ itself does not require a prescription, PAP devices and Masks do require a prescription. We recommend discussing V-Com™ with your Physician and/or care team prior to use.

## Q: How long will I need to use the V-Com™?

A: How long you use V-Com™ is completely up to you. There's no need to remove it, it's designed to make your PAP therapy more comfortable. Most people will develop tolerance to the peak flows and pressures of PAP therapy over a period of weeks or months

Once you can easily tolerate the peak flows and pressures, you can remove your V-Com™ device. If you feel you still need the V-Com™ device, simply re-install it until you are ready to try PAP therapy without it.

## Q: Where can I obtain a replacement V-Com™ device?

A: Please reach out to the supplier that provided your initial V-Com™ to learn more about purchasing a replacement device.

## Q: Will my insurance cover the V-Com™ device?

A: Insurance plans and coverage vary from payor to payor. In general, this device is not covered by insurance (including Medicare) as it is considered a comfort accessory. We recommend reaching out to your specific insurance company if you have concerns or questions about your medical coverage.

## Q: Can I share my V-Com™ device with another PAP user?

A: No, the V-Com™ is a single use device. It should not be used or placed on more than one patient.

## Q: Is it okay to remove & replace the V-Com™ device while my PAP machine is on (running)?

A: No, your PAP device should be turned off when removing and replacing the V-Com™. Placing the V-Com™ device in an active breathing circuit could possibly affect algorithms for auto-titration and respiratory event detection. Always turn PAP device off first, place V-Com™ device in the breathing circuit, and then turn PAP device back on.

## Q: I use a mask with my Non-Invasive Ventilator (NIV) or Auto Servo Ventilation (ASV) unit. Can I use V-Com™?

A: Regardless of the device you are using, you should always consult with your physician prior to the use of V-Com™. In addition, V-Com™ affects inspiratory PAP more than expiratory PAP which may decrease pressure support and tidal volume during noninvasive ventilation therapy. V-Com™ has not been tested in adaptive servo ventilation and average volume-adjusted pressure support breathing circuits.

## Q: How often do I need to replace the V-Com™ device?

A: We recommend that the V-Com™ be replaced every three months. If there is an damage to the device, or if there is any impeding of airflow, the device should be replaced immediately.

V-Com™ can be found at :



*\*V-Com is a trademark of SleepRes, LLC.*